



**WE SERVE!**

**CALENDAR**

April 16 –Outback tickets and money DUE

April 24—Outback Fundraiser

**SPEAKERS**

April 16—Dr. Culpepper will speak on the Civil War in Louisiana

**BIRTHDAYS**

Janie Rhodes  
4/12

Dick Gates  
4/18

# THE LIONS TALE

**Alexandria Lions Club**

*P.O. Box 13*

*Alexandria, Louisiana 71309*

*318.640.5020*

*www.alexlions.com*

**April 9, 2008**

**Lion David Caplan** led the pledge of allegiance and **Lion Gary Van Horn** led in prayer. There were no guests today.

The **2 Card Draw** was playing with a full deck. **Lion Chuck Tosten** drew again this week, but couldn't find the joker. Neither could **Lion John Paul Adams**. The TT refused to join in the colonels' tickets this week since he was miffed he missed out last week.

Who's the luckiest Lion? **Lion Beverly Price** had her name drawn AGAIN but declined the \$5 door prize. **Lion Jimmy Redfearin**, who missed out on one of the \$100 plus drawings, won the \$5.

*Announcements:*

- **The Golf Tournament is May 19.** Contact **Lion Mike Kearney** at 445-9328 if you can help
- **Lion Bob Hollingsworth** announced that our final Cubsight screening is Monday, April 14 at Emmanuel Baptist at 9:30. It's Team C, but any Lion is welcome to help out. Our club spent 167 hours screening 1128 children so far this year.

The Past Presidents met to prepare a slate of nominees for Club officers and Board for next year. The slate was presented at the meeting, there were no further nominations from the floor and there was a motion made to close nominations. The second reading will be on the 16<sup>th</sup>.

The slate is:

*President*, Lion Bob Hollingsworth; *1<sup>st</sup> VP*, Lion Viola Britt; *2<sup>nd</sup> VP*, Lion Dave Perry; *3<sup>rd</sup> VP*, Lion Hank Smart; *Sec/Treas*, Lion PDG Aaron McAllister; *Tail Twister*, Lion Susan Ballard; *Lion Tamer*, Lion Joe Daniels; *Membership*, Lion Mike Kearney.

*Board of Directors*, Lion Beverly Price, Lion Pam Wunderlich, Lion Paul Blaise, Lion Bill Bush, Lion Mary Wilmore, Lion Joe Crouch, and *Ex- Officio*, Lion James Ballard.



## 2007-08 Lion Board

### President

**James Ballard**

### 1st Vice-President

**Bob Hollingsworth**

### 2nd Vice-President

**Viola Britt**

### 3rd Vice-President

**Dave Perry**

### Secretary/Treasurer

**Aaron McAllister**

**PDG**

### Tail Twister

**Joe Wolf, PDG**

### Lion Tamer

**Susan Ballard**

### Membership Chair

**Sam Echols**

### Ex-Officio

**Kermit Pharris**

### Board Members

**Andy Juneau**

**Joe Daniels**

**Jared Hicks**

**Hank Smart**

**Beverly Price**

**Patrick Cunningham**

### Editor

**Viola Britt**

**308-2077**

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- **Lion Susan Ballard** is still distributing tickets for the Outback fundraiser on Thursday, April 24. Different tickets are available for each of the two seatings or for take-out. Tickets also indicate whether chicken or steak is ordered. **The money and reservations are due back on April 16**

**Lion Beverly Price** introduced our speakers, Yvonne Cook and Tramika Greenhouse of the Healthy Babies Initiative.

This is a collaborative effort of the Office of Public Health, Office for Addictive Disorders, Office of Mental Health, the March of Dimes, Louisiana Public Health Institute, Louisiana Medicaid and the American College of Obstetricians and Gynecologists. The effort is to screen all pregnant women for risk of substance abuse, physical abuse or depression to improve the health of their babies.

There is no amount of alcohol or tobacco during pregnancy which has been proven to be safe, although many doctors allow patients moderate amounts of alcohol. Fetal Alcohol Spectrum Disorders (FASD) is an umbrella term describing the range of effects that can occur in an individual whose mother drank alcohol during pregnancy, Fetal Alcohol Syndrome is the most severe of these. They showed photos of a normal infant brain compared to a FAS infant brain. The difference was dramatic. They also showed photos showing the physical differences of FAS children. Doctors can often diagnose FAS based on these physical characteristics.

Alcohol, smoking, marijuana, depression and opiates can all cause long-term problems. Not only are babies at risk of premature birth, they are born with low birth rates and life-long problems with hyperactivity, learning disabilities, and SIDS. Second hand smoke is also a danger to pregnant women. Babies whose mothers are exposed to smoke have a increased risk of respiratory illness as children.

One of the biggest problems is that most women underestimate the risks. In personal interviews, 11% of mothers show alcohol use during pregnancy, 30% use tobacco, 5% report drug use during pregnancy, but a drug screen shows an additional 7% and 29% show a need for treatment of alcohol, tobacco or drug use.

The US is 27<sup>th</sup> in the world with poor birth outcomes. Louisiana is tied with Mississippi for #1 and Rapides is the 2<sup>nd</sup> highest with poor outcomes in the state.